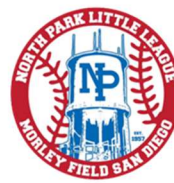




NORTH PARK LITTLE LEAGUE

SERVING SAN DIEGO SINCE 1957



NPLL COVID-19 Protocols

The Following guidelines are based on the San Diego Youth Sports Physical Distancing and Safety Plan for Practices and Drills and may change during the season. Please be aware that our ability to continue to practice on City of San Diego fields depends on your compliance with all these requirements.

By agreeing to the following guidelines, you are additionally agreeing to waive any claim against North Park Little League based on exposure to COVID-19 during this program.

You attest that you and your child have reviewed the attached document that identifies ways to prevent the spread of COVID-19. <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

You understand that our use of the fields is limited to practice and drills.

You understand that practices will be organized in stable groups of no more than 12 participants. There will be no interaction (i.e. scrimmaging) between different stable groups. Per the County protocols your child must remain in their assigned stable group throughout the program.

You attest that you will not send your child to practice if their temperature is above 100 degrees F or if they have COVID-19 symptoms based on CDC guidelines. <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

You attest that if your child has displayed COVID-19 symptoms, you will not allow them to return to practice until they have tested negative for COVID-19 and provide a medical professional's clearance; or at least 10 days have passed since the onset of symptoms, and at least 3 days (72 hours) have passed since recovery (no fever without the use of fever reducing medication).

You are encouraged to drop off your child at the beginning of practice and return at the end of practice to pick them up. If you stay in the park, you must remain outside of the enclosed field and practice social distancing from other parents.

Participants that are not from the same household may not carpool to and from practice.

You attest that you and your child will refrain from unnecessary physical contact with others, including hugs, high fives, and fist pumps which are not permitted per the County protocols.

You and your child will sanitize your hands at the beginning, middle and end of practice. The team will provide sanitation stations, but request that each player bring their own bottle of hand sanitizer.

Equipment bags must be kept within the area for each stable group, and each bag must be 6 feet from each other.

Participants must bring enough water as drinking fountains will not be available.

I agree.

Player Name: _____

Date: _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____